

Encourage One Another
1 Thess. 5:11
August 11, 2019

1 Thessalonians 5:11 (ESV)

¹¹ Therefore encourage one another and build one another up, just as you are doing.

The meaning of Encouragement

- You encourage someone when you come alongside someone and help carry the load and keep them going.

The Model: Barnabas

- **Encourage one another by giving of our resources.**

Acts 4:32–37 (ESV)

³² Now the full number of those who believed were of one heart and soul, and no one said that any of the things that belonged to him was his own, but they had everything in common. ³³ And with great power the apostles were giving their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. ³⁴ There was not a needy person among them, for as many as were owners of lands or houses sold them and brought the proceeds of what was sold ³⁵ and laid it at the apostles' feet, and it was distributed to each as any had need. ³⁶ Thus Joseph, who was also called by the apostles Barnabas (which means son of encouragement), a Levite, a native of Cyprus, ³⁷ sold a field that belonged to him and brought the money and laid it at the apostles' feet.

- **Encourage others by helping them grow in their walk with God.**

Acts 9:26–28 (ESV)

²⁶ And when he had come to Jerusalem, he attempted to join the disciples. And they were all afraid of him, for they did not believe that he was a disciple. ²⁷ But Barnabas took him and brought him to the apostles and declared to them how on the road he had seen the Lord, who spoke to him, and how at Damascus he had preached boldly in the name of Jesus. ²⁸ So he went in and out among them at Jerusalem, preaching boldly in the name of the Lord.

- **Encourage one another by going as a person of peace.**

Acts 15:37–41 (ESV)

³⁷ Now Barnabas wanted to take with them John called Mark. ³⁸ But Paul thought best not to take with them one who had withdrawn from them in Pamphylia and had not gone with them to the work. ³⁹ And there arose a sharp disagreement, so that they separated from each other. Barnabas took Mark with him and sailed away to Cyprus, ⁴⁰ but Paul chose Silas and departed, having been commended by the brothers to the grace of the Lord. ⁴¹ And he went through Syria and Cilicia, strengthening the churches.

What one person can you encourage today?